School Health Advisory Committee (SHAB)
March 27, 2006
Minutes

Those present:

Barbara St. Martin	**Vanessa Akin**	**Carol Lysher**
Kathy Whitby	**Jean Hoppe**	**Carol Dexter**
Mary Anne Spinella	**Margaret Peterson (presenter)**	

Nurse Presentation

Margaret Peterson, nurse from Widewater Elementary made a presentation regarding inappropriate space for clinic use. She has been moved from a larger room with a window to a smaller room with no window (used previously as the file room). There is no sink in the room, only a sink in the bathroom.
Disabled students (wheelchair-bound)are unable to navigate in the room, especially in the bathroom. If there is a power outage, the room is completely dark. If the clinic is in a room with a window, at least the daylight would keep the room brighter. There is no private space to meet with parents or students.

The nurse closed by stating the students need a clean, more open and safer environment. It would improve the atmosphere of the clinic, facilitate health and provide a safer environment.

Physical Activity and Physical Education Draft Guidelines

Carol Lysher presented draft guidelines for each. The PE teachers are in the process of updating the guidelines as such. Summary of guidelines include:
*K-10th grade have age-appropriate PE
*30 minutes of activity in PE class (nationally recommended guidelines)
*PE classes taught by certified PE teachers
*Elementary schools should provide at least 30 minutes of recess daily, while providing 20 minutes daily during PE days
*Discipline should not be in the form of recess nonparticipation
*PE should have adequate space and equipment
*Keep grounds safe and well-maintained
*Schools provide information to parents to promote active and healthy lifestyles

Dr. Murray's Proposed Budget

Items impacting SHAB include adding a fulltime (12-month) Counseling Coordinator, extending the elementary counselors positions to 210 days and upgrading the nurses' salaries (3 phases) to that of the Teacher's salary